

Penguin Swim Team Membership Information

- Penguin Swim Team (PST) is a USA Swimming affiliate program. Participation requires membership to USA Swimming and to PST.
 - USA Swimming membership registration = \$72/year (often pro-rated mid-year)
 - PST annual fee = \$50 or \$20 after September 1st
 - PST Monthly dues as follows:

Seniors	\$140.00 (5x/week)
Pre-seniors	\$130.00 (5x/week)
Kings	\$100.00 (5x/week)
Royals	\$ 90.00 (5x/week)
Rockhoppers	\$ 85.00 (5x/week)
Blues	\$ 70.00 (3x/week)
 - For families with more than one swimmer, there is a \$10 discount for each swimmer after the first. Family maximum monthly payment is \$200.

- Swimmers are evaluated by the PST coaching staff and placed in a swim group consistent with their abilities. Please contact Head Age-group Coach, Jeff Kirkpatrick at heidijeff@live.com to schedule a swim evaluation.

- Swimmers may join, or take a leave from, Penguin Swim Team (PST) at any point during the year. However, we strongly encourage our swimmers to make quarterly commitments to the team.

- Swimmers are encouraged to participate in meets. PST tries to attend one meet every 4-6 weeks.

- Key Contacts:
 - Coaching and scheduling - Jeff Kirkpatrick at heidijeff@live.com
 - Registration and dues - Betty Sanguinetti easangus@sbcglobal.net
 - General new swimmer questions - Betsy Naramore betsy@abetterprocess.com.

- For more detailed team information, please see the Team Handbook located on our website under "About Penguins" tab.

Penguin Swim Team
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530-265-DIVE
www.penguinswim.org